

# Stigma in Your Workplace



## Check your Workplace

Stigma in health care facilities is particularly egregious, negatively affecting people seeking services at a time when they are at their most vulnerable. This includes:

- Outright denial of care
- Provision of sub-standard care
- Physical and verbal abuse
- Making certain people wait longer
- Passing their care off to junior colleagues

Within the health system, stigma towards a person living with a specific disease undermines access to diagnosis, treatment, and successful health outcomes.

## How does your workplace measure up?

- Is there stigmatizing language within your policy and procedure?
- Is there stigmatizing language used around the office?

## Inclusive language starts with you. Be the change.

Take a good, long internal look at your personal feelings and attitudes in the workplace for words or behaviors that might be negative or biased in nature. Remember to put the focus on the person and not the disorder.

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